**Health and Wellness Committee**

**Minutes from Thursday, March 21, 2019**

***In Attendance:*** *Regina Blosnich-ALW; Chrystal Roderick-FH/SMITH; Kathy Williams-GP-Nurse; Cassandra Gulino-MAS; Kim Riley-SM/Nurse; Jeremy Keefer-AGN; Megan Miller-Adagio; Troy Golden, Administrator*

**Building Reports:**

**ALW** – Students participated in the Kids Heart Challenge Dance in February and raised $4,696. Students are using the scooters during PE class.

**FH** – Fitness stations and parachute are being used during PE class. Walking at recess. Weekend backpack program continues. Power Up presents nutrition and physical activities at school.

**GP –** Power Up presentations are held for nutrition and physical activities. Scooter kickball and basketball are being done during PE classes.

**MAS** – Power Up presentations are held for nutrition and physical activities. Masontown Munchies program continues. Grades K-1 are doing scooter kickball and Gr. 3-5 are doing basketball during PE classes. Staff members are participating in healthy eating programs.

**SMITH –** Fitness stations and parachute are being used during PE class. Walking at recess. Weekend backpack program continues. Power Up presents nutrition and physical activities at school.

**AGN-** Fitness Test is being done during PE classes. Walking at lunch time had to be discontinued.

**AGS –***Not present*

**AGHS** – *Not present*

**Parent Representative –** *Not present*

**Adagio** – Offered programs to be held during Summer Feeding. Some programs suggested were mini gardens and other growing projects; coloring contests to promote healthy habits; food testing, as well as others. Troy Golden will collaborate with their representatives.

**Fayette Drug & Alcohol –** *Not present*

**YMCA –** *Not present*

**Central Office** – Presented options for activity sponsored by the committee.

**Old Business:**

The Wellness Newsletter for April which was prepared by Kim Riley will be sent to the schools for distribution. If anyone would like to volunteer to cover the May issue, please email Rose Smochinsky [–rsmochinsky@agasd.org](mailto:–rsmochinsky@agasd.org).

**New Business:**

**District Wellness Event –** The committee discussed planning a Family Fun Walk to be held prior to the football games in the fall. Troy will meet with the athletic director to discuss the particulars and continue with planning. Also under consideration is a Fun Run to be held at the stadium. More details will be given after the next meeting.

**PrimeroEdge –** The cafeteria will be using a new software program next year which will be a more streamlined process. Parents will be provided with updated program access when full details are available.

**Next Meeting: *Thursday, April 25, 2019 at 2:00 PM at Central.***